

UPDATED 2026 All Handstands on Deck Schedule



Saturday, March 14th

Session #1: USAG Xcel Bronze

General Stretch-9:00am

Awards-11:00am

Session #2: USAG Xcel Silver

General Stretch-11:20am

Awards-1:20pm

Session #3: USAG Levels 4-7 and Xcel Platinum & Diamond

General Stretch-1:45pm

Awards-4:45pm

Session #4: USAG Levels 8-10 & Xcel Gold & Xcel Sapphire

General Stretch-5:15pm

Awards-8:30pm

Sunday, March 15th

Session #5: AAU Level 2 & Level 3 and Xcel Cooper, Bronze & Silver

General Stretch-9:00am

Awards-11:05am

Session #6: AAU Level 4-7 & Xcel Gold-Sapphire (Ladies, too)

General Stretch-11:30am

Awards-1:30pm

LOCATION:

**Bayside Sports Academy
4400 34th St N, Suite E
Saint Petersburg, FL 33714**

FREE PARKING!

SPECTATOR FEES:

**\$15/adult; \$10/child
Children 3 & under=free**

CASH ONLY PLEASE!